



Middle School

Put College in Your Future with CFNC.org

Ever wonder what you'll do in the future?



Middle school is a great time to explore possible careers and the education you'll need.

Check out CFNC.org!

**CFNC.org**

Helping you plan, apply, and pay for college

**College Foundation of North Carolina**



**CFNC.org**

Not Just for Students!

**For Parents**

Visit the "Parent" section for useful tools to help you guide your middle school student in exploring careers and preparing for college. You will also discover tips to handle future or current college costs. You can even explore new career and college opportunities for yourself!

**For Educators**

Access resources and tools to help you work with your students – curriculum materials, fun activities, student milestone reports, and more. And check out the "CFNC Events" section to see the latest professional development opportunities for educators.

**College Foundation of North Carolina**

**CFNC.org**

866.866.CFNC

A service of the State of North Carolina provided by Pathways, CFI, and NCSEAA

© 2010 Pathways, College Foundation, Inc., and State Education Assistance Authority (CFNC)

Servicios en español disponibles CFI Form G 606ms (10/10)

# Take the Right Steps Toward College

Use CFNC.org to find all the FREE tools and resources you need to investigate careers and get on track for college. You can even call CFNC toll-free at 866-866-CFNC with your specific questions.

## 1 Learn About Yourself

- Start thinking about your talents and interests.
- Take a career inventory at CFNC.org.
- Get involved in extracurricular activities.
- Attend summer camps to help you explore your interests, or search a list of programs called “College Preparation Opportunities” at CFNC.org.
- Consider volunteer opportunities in your community—help others and learn more about yourself.
- Participate in academic enrichment programs, workshops, and camps with a specialty focus.

## 2 Get Ready For High School

- Take the most challenging courses you can.
- Ask for help or tutoring with any subject in which you are having difficulty.
- Read, read, read! Ask your English teacher or school librarian to suggest good books.
- Develop good study habits and time management skills.
- Consider taking college preparatory courses, such as Algebra I or a foreign language.
- Get organized! Consider any changes you need to make to your study habits and time management.

## 3 Explore Careers

- Register for a Career Exploration course at your school, if available.
- Ask your parents, relatives, or other adults about their jobs and the education needed to get them.
- Take a career inventory at CFNC.org.
- Select special-interest courses, such as art or journalism, to learn about possible careers.
- Checkout thousands of career profiles on CFNC.org featuring interviews, videos, and links.

## 4 Check Out NC Colleges

- Check out CFNC.org to learn about the different types of colleges.
- Use CFNC.org with your parent or guardian to explore options to help pay for college.
- “Tour” NC colleges and universities at CFNC.org.
- Visit a college campus, if possible, when your family goes on a trip.

**8th Graders Don't Forget!**

- Begin your planner at CFNC.org to keep track of all your courses, grades, activities, honors, and career information.
- Attend high school planning and orientation sessions with your parent or guardian.
- Discuss your 9th grade course choices carefully with your school counselor and your parent or guardian. Your selections directly affect your options for college.

**CFNC.org**

Helping you plan, apply, and pay for college

