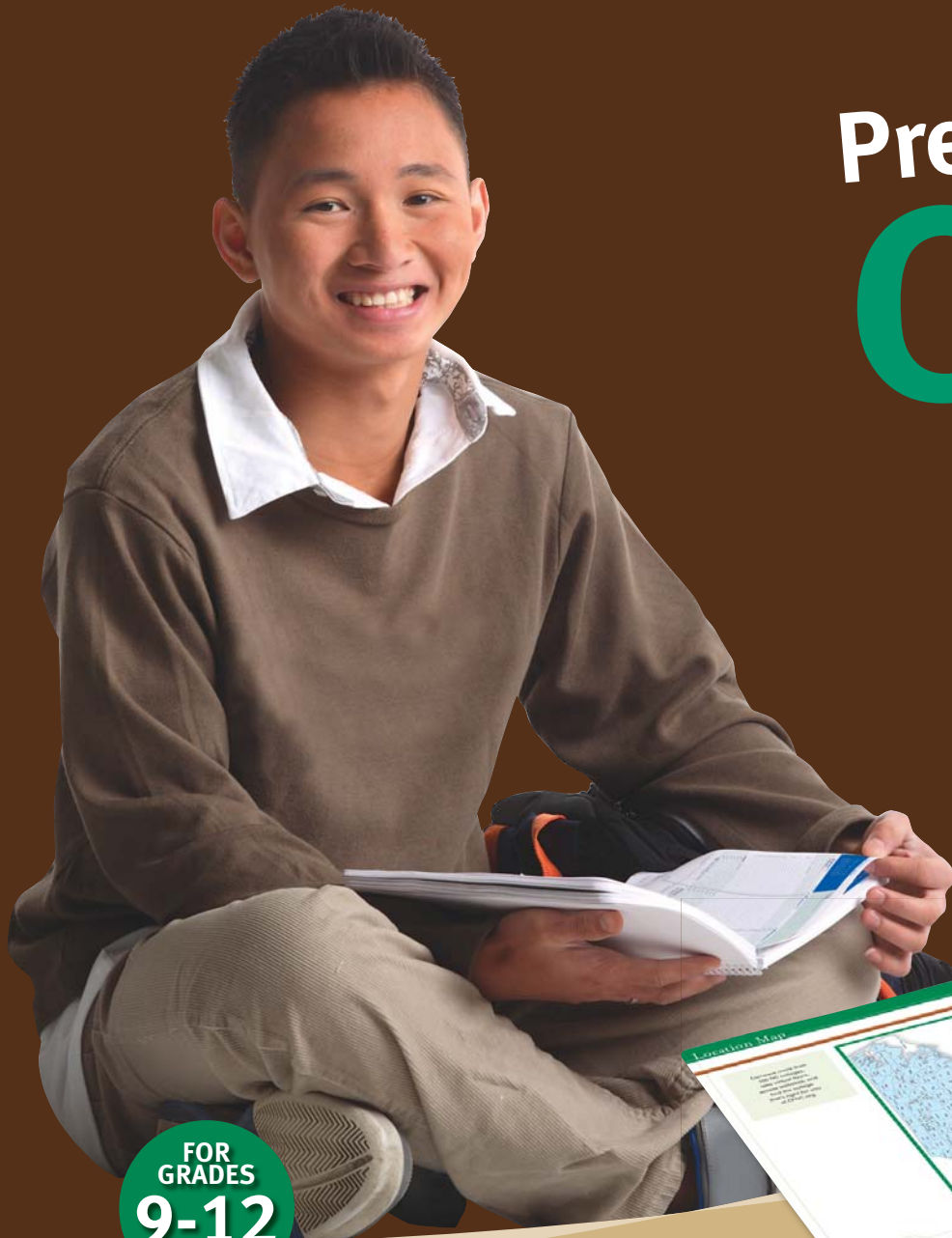


2009/2010



School Specialty®
Planning & Student Development



Premier™
CFNC
Agenda
HIGH SCHOOL



FOR
GRADES
9-12

FEATURING



PREMIER™

PRODUCTS



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Featuring COLLEGE AND CAREER PLANNING TOOLS

ENGAGE YOUR STUDENTS

in planning for their future with activities and resources from College Foundation of North Carolina.

You are probably already familiar with the wide range of resources available through CFNC.org—including career exploration, academic planning, test prep, online applications, and financial aid. Now you can help your students, parents, and school staff make the best use of all these tools with the Premier™ CFNC Agenda.

FOR EDUCATORS

At [CFNC.org/Curriculum](https://www.cfnc.org/Curriculum) you will find:

- **Scope and Sequence** – Get an overview of all topics covered in the 40 high school activities and the sequence for each grade.
- **Learning Outcomes** – Review detailed learning outcomes and NC School Counseling Standard Course of Study alignment for each monthly activity.
- **Lesson Plans** – Download a lesson plan for each monthly activity with a step-by-step teaching guide and ideas for extension.
- **CFNC Workshops and Webinars** – Learn about free in-depth CFNC.org workshops across North Carolina and webinars to aid in curriculum implementation.

INCLUDES

College Application Worksheet (11th/12th grade edition) –

A six-page college application worksheet walks your students through the information they'll need to know when they complete their online applications at CFNC.org—ideal preparation for North Carolina College Application Week in the fall.

NC College Map –

A North Carolina college map helps students locate all two-year and four-year, private and public colleges in the state.

PREMIER™ CFNC AGENDA HIGH SCHOOL

A Interactive Monthly Activities – Students in each grade have 10 activities, one for each month of the academic year. Online activities at CFNC.org include the new Bridges career tools. Monthly activities come from the following six strands, which are based on the NC School Counseling Standard Course of Study, the latest national research, and input from advisory teams in North Carolina:

- Me & My Future
- Academic Preparation
- Career Planning
- Financial Planning
- College Options
- College Admissions

CFNC.org 866-866-CFNC
October
10th Grade

A Life Outside the Classroom

Sure, your academic courses are the most critical part of your school, but clubs, sports, music, and other activities certainly are important. Why? They can help you:

Build skills
Discover new talents
Get to know other students outside of class

Explore areas of interest
Serve others
Gain self confidence

Think also about your life as an adult. While a career can be a big part of your life, it is only one part of you as a balanced person. Hobbies, sports, and other activities add variety and allow you to do other things you find fulfilling. Maybe you earn a living programming computers, for example, but you coach little league baseball because you really enjoy sports and teaching kids.

Hobbies and extracurricular activities can also lead to careers. Adem Topedelen tells his story on CFNC.org:

"I started out self-publishing music fanzines when I was in high school," he says. "I didn't really do them because I wanted to be a writer. I just loved heavy metal [music] and wanted to be actively involved. I had read other underground fanzines and putting my own out seemed like a good way to get free albums and possibly interview bands I liked."

"After I finished university," he continues, "I worked at all kinds of menial jobs, but in my spare time I started to contribute reviews to a well-respected Seattle music magazine. Eventually I went from just being a contributing writer to being one of the editors, slowly learning the ropes and working my way up the ladder."

Find a link to the full story at CFNC.org/9-10.

Tip
Colleges and employers are looking for well-rounded students who have shown initiative to serve others and develop talents outside the classroom. Be sure to include your experiences on applications and resumes.

Take a minute or two to write down all the clubs, sports, or other extracurricular activities that you have been involved in this year. They don't have to be ones at your school. Now, write down some activities that you might consider joining next year.

My current extracurricular activities: _____ Other activities I might consider for the future: _____

Volunteering

Look for opportunities to make a difference in your school or community. There are numerous organizations that need volunteers to carry out their mission whether it's to feed homeless people or teach children to read. Even if you have only a few hours a week, it can make a big difference. It can also be another avenue to explore careers. Volunteer with a business to see if any of the jobs there interest you.

Go Online

To get some more ideas about volunteering and other activities, check out the Life section of Choices Explorer on CFNC.org. You will find a link at CFNC.org/9-10.

Notice that the volunteering and recreation profiles are categorized by the 16 national career clusters. Click on several clusters and read the profiles and interviews. Next, click on "See All Recreation Experts" in the right navigation bar.

What new opportunities for volunteering or recreation did you find?

CFNC.org 866-866-CFNC
High School Timeline **E**
College Foundation
of North Carolina

February 2010

DATE	ACTIVITY	DATE	ACTIVITY
02/01		02/08	Act Up! Week
02/02		02/09	
02/03		02/10	
02/04		02/11	
02/05		02/12	
02/06		02/13	
02/07		02/14	
02/08		02/15	
02/09		02/16	
02/10		02/17	
02/11		02/18	
02/12		02/19	
02/13		02/20	
02/14		02/21	
02/15		02/22	
02/16		02/23	
02/17		02/24	
02/18		02/25	
02/19		02/26	
02/20		02/27	
02/21		02/28	
02/22			
02/23			
02/24			
02/25			
02/26			
02/27			
02/28			

B Check Out Carl's Blog on CFNC.org!

"Hey! I'm Carl, I am a digital media studies major with minors in art and business. This coming year I am going to study abroad in Rome. I will be there for a semester and I'm excited to be taking classes in Italy."

Read more of Carl's college blog on CFNC.org/10.

C Word of the Week

ambivalence (am-biv-uh-sen-s) n.

Feeling the concentration of opposite powers in an individual, or feeling else.

Despite his public talk of the need for action, the prince's ambivalence between war and peace was clearly evident in his more careful remarks.

Locally Sourced

To build a business
To support a local
To work in a profession
To influence a business
To change a business

John Campbell

9th Grade – Freshman Year

As your grades begin to count toward your GPA, so will do your best. Now is the time to explore career by about college expenses. It's also time to plan your large entrance requirements.

- Explore career possibilities in Career Center at CFNC.org including CFNC Bridges Planning Tools.
- Start thinking about which colleges suit your career interests.
- Use CFNC.org to take a virtual tour of college campuses across North Carolina.
- Talk with your family about a college savings plan and explore savings options at CFNC.org.
- Develop a file to keep:
 - Copies of report cards,
 - A record of honors and awards, and
 - A list of extracurricular activities, clubs or sports involvement at school, volunteer work, community service, and paid employment.
- Explore College Test Prep at CFNC.org to prepare for the PSAT, SAT, and ACT.

10th Grade – Sophomore Year

Grades are important, but colleges also look for well-rounded students with well-developed interests. Think quality—rather than quantity—when planning your extracurricular activities and expand your horizons through clubs, work, or volunteer activities.

Things to do in 10th grade...

- Meet with your school counselor to review your course load and make sure you are satisfying high school graduation and college entrance requirements.
- Update your online High School Planner at CFNC.org.
- Explore College Test Prep at CFNC.org to study for standardized tests.
- Take the PSAT to see how the PSAT is excellent practice for taking the SAT, and this year your score will not count for National Merit Scholarship consideration.
- Continue to explore career interests and information. Try some job shadowing this year.
- Visit college campuses and "tour" colleges in College Fair at CFNC.org. Talk with your family and friends about their educational choices.
- Continue saving for college. It's not too late to start saving!
- Participate in academic enrichment programs.
- Choose programs, summer workshops, and camps with a specialty focus such as computer, dance, drama, design, art, sports, media, science, music, etc.
- If you are interested in attending a more selective college, register for AP courses and advanced courses for 11th grade, if available.

B Weekly features – Timely messages, career spotlights, and links to student stories encourage students to stay in school and plan for their future.

C Word of the Week – New vocabulary words each week help prepare students for tests, including the SAT® and ACT®.

D Key dates – SAT® and ACT® registration deadlines and test dates, PSAT national test date, FAFSA Day, College Redirection Pool, and other key reminders keep students aware of important deadlines and opportunities.

E Timelines – Each year of high school is outlined to help students keep track of their progress toward preparing for college and a career.

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"ACT" is a registered trademark of ACT, Inc., which was not involved in the production of, and does not endorse, this product.

Premier™ CFNC Agenda

OVERVIEW

SPECIFICATIONS

Product Name

Premier™ CFNC Agenda
(High School)

Product Code

CAF-7M, CAS-7M

Dimensions

7" x 9"

Page Count

160

Color

Full color

Coil

Clear plastic

Monthly Calendar Features

Full two-page monthly calendars distributed throughout calendar

Weekly Calendar Features

College preparation tips,
Career planning information,
SAT/ACT word of the week,
Key college preparation dates,
Weekly goals,
Daily planning space,
After-school planning space

Reference/Resource Pages

Grades 9-10: Writing, Citations,
Measurement, Geometry,
Algebra, Periodic table,
North America map

Grades 11-12: College
application form

FEATURES

BENEFITS

AGENDA	
TIMELINE	Each year of high school is outlined to help students keep track of their progress toward preparing for college and a career.
MONTHLY CALENDAR PAGES	Monthly planning pages (one month over two pages) include key college and career preparation dates.
MONTHLY ACTIVITIES	Ten activities per grade from six strands: Me & My Future, Academic Preparation, Career Planning, Financial Planning, College Options, College Admissions.
WEEKLY CALENDAR PAGES	Room to record and plan homework; key information and dates on college and career preparation.
WEEKLY FEATURES	Reminders, career spotlights, links to student stories, and more are presented on each weekly calendar page.
CONTENT	
EXCLUSIVE FOR NORTH CAROLINA	With free content provided by CFNC, Premier can offer this exclusive North Carolina agenda.
ALIGNED WITH NC STANDARD COURSE OF STUDY	Monthly activities are aligned with the North Carolina School Counseling Standard Course of Study.
EDUCATOR REVIEWED	All agenda and training content has been created and/or reviewed by educators.
IMPLEMENTATION SUPPORT	
EDUCATOR MATERIALS	Free access to lesson plans, supplemental handouts, and ideas for extension.
TRAINING	Free CFNC workshops on implementation and CFNC.org (<i>Register for CFNC Events</i> at CFNC.org).
WEBINARS	During the year, North Carolina educators can share ideas and implementation strategies by joining webinars facilitated by CFNC.

Talk to us!

Call: 1-800-221-1165 or visit www.premier.us

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