



CFNC 2009 Update

- Sign-in, Welcome, and Introductions
- Overview of CFNC.org and services – Share STATS
- Create CFNC account or Log on to My CFNC Account
- My CFNC Complete/Review Profile Information
- Homepage / School Counselor
- Career Center (Bridges Career Planning Tools)
- Break
- Student Planner / Transfer Student Planner
- College Fair
- Online Applications
- Paying for College and NC 529 Plan College Savings
- CFNC Spanish Services Overview
- Questions and Discussion – Your suggestions

Wrap Up: Complete Online Evaluation Form at www.CFNCtraining.org
Be sure to get your training certificate!

*Note: The content of this agenda will not change. The sequence of the training may be altered to meet the needs of the presenters involved in the training. Thank you for attending! **Have a safe trip home!**

Grade 6 CFNC Guideway

Introduce CFNC.org /Encourage Career Exploration - Get the low down on careers using Bridges Career Tools – Choices Explorer is especially for Middle School Students!

My
CFNC

My CFNC and CFNC.org Homepage

1. Create a CFNC account! Once they have a CFNC account, all of their info is stored here! It is their electronic backpack or file folder.
2. Downloadable Resources – Helping you Plan – take the Career Interest Explorer https://www.cfnc.org/static/pdf/home/sc/pdf/career_interest_explorer.pdf

Career
Center

CFNC.org → "Career Center" tab

1. Information for students and parents – read the advice and try out the activities for middle school students!
2. Try the lesson "Fishing for Careers" from the Educator's Toolkit. Find this resource at CFNC.org - Downloadable Resources – Helping You Plan

Student
Planner

CFNC.org → "Student Planner" tab

1. Check out the College Prep Opportunities for current 6th grade students

College
Fair

CFNC.org → "College Fair" tab

1. Campus Tours – Compare 2-year and 4-year, Public vs. Independent

Paying for
College

CFNC.org → "Paying for College"

1. Parents and families of middle school section. Understanding differences between scholarships and grants, understand merit scholarships
2. College Savings Program, Savings program calculator

Check out **Choices Explorer** by going to the Career Center and clicking on CFNC Bridges Planning Tools link. For help use the video guide under SCHOOL COUNSELOR tab at CFNC.org homepage, left column. Sixth graders will enjoy THIS WEEK'S HIGHLIGHTS!

**Monthly Career and College Planning 6th grade activities are available at [CFNC.org/curriculum](https://www.cfnc.org/curriculum)

Grade 7 CFNC Guideway

Review CFNC.org /Continue Career Exploration – Work through EXPLORER by completing GET STARTED Guideway for middle school students

My
CFNC

My CFNC and CFNC.org Homepage

CREATE (UPDATE) MY CFNC ACCOUNT – see homepage for video instructions
College Compass Grade 7 Newsletter

Career
Center

CFNC.org → “Career Center” tab

1. Assess students learning styles by completing the Learning Styles Inventory
Find it at Career Center – CFNC Bridges planning tools (left blue column) – then CFNC Bridges Assessment Tools
2. Develop career interest further at CFNC Bridges Planning Tools – Explorer – At Explorer’s homepage, begin with Get Started Guideway

Student
Planner

CFNC.org → “Student Planner” tab

1. College Prep Opportunities

College
Fair

CFNC.org → “College Fair” tab

1. Campus Tours – Compare 2-year and 4-year, Public vs. Independent

Paying for
College

CFNC.org → “Paying for College”

1. Financial Aid Primer - Parents and families of middle school. Understanding differences between scholarships and grants, understand merit scholarships
2. College Savings Program, Savings program calculator

Check out **Choices Explorer** by going to the Career Center and clicking on CFNC Bridges Planning Tools link. See the video for help in navigating students to Explorer at SCHOOL COUNSELOR tab on the CFNC.org homepage.

**Monthly Career and College Planning 7th grade activities are available at [CFNC.org/curriculum](https://www.cfnc.org/curriculum)

Grade 8 CFNC Guideway

*Update Account / Develop a 4 yr plan for high school / Complete EXPLORER MOVING FORWARD Guideway for middle school students

My
CFNC

My CFNC and CFNC Homepage

CREATE (OR UPDATE) MY CFNC ACCOUNT – see homepage for video instructions

College Compass Grade 8 Newsletter

[Review Are You on Track for College](#) publication (Downloadable Resources)

Career
Center

CFNC.org → “Career Center” tab

1. Fastest Growing Careers
2. CFNC Bridges Career Planning Tools –Choices Explorer
 - a. Complete Moving Forward 2

Student
Planner

CFNC.org → “Student Planner” tab

1. Student Planner Timeline - Intro
2. Talk about Importance of Extracurricular Activities – Review Additional Info Section of Student Planner
3. College Entrance Requirements
4. College Prep Opportunities
5. Enter 8th Grade Courses Fall Semester/ Update at end of the year
6. My Colleges – select colleges of interest

College
Fair

CFNC.org → “College Fair” tab

1. Campus tours

Paying for
College

CFNC.org → “Paying for College”

1. Calculator
2. Scholarships and Grants
3. Financial Aid Primer - Parents and Students – Middle School

**Monthly Career and College Planning 8th grade activities are available at [CFNC.org/curriculum](https://www.cfnc.org/curriculum)

Grade 9 CFNC Guideway

Student Planner / Revise or Create a 4 yr plan to meet Future Ready Core requirements/
More In-Depth Career Exploration with a move to Choices PLANNER

My CFNC

My CFNC and CFNC.org Homepage

Create CFNC account if not done in 8th grade **OR** update account.
College Compass Grade 9 Newsletter
Review the [High School Planner](#) publication (Downloadable Resources)

Career Center

CFNC.org → “Career Center” tab

1. Matching Assistant
2. Nursing / Teaching
3. Fastest Growing Careers
4. CFNC Bridges Career Planning Tools – Choices Planner
 - a. Complete Guideway 1 on Planner homepage

Student Planner

CFNC.org → “Student Planner” tab

1. Update High School Planner – Gr. 9 Courses
2. Add Activities to Additional Information Section of Planner
3. College Prep Opportunities
4. College Test Prep – focus on Vocabulary Builder
5. Review Student Planner Timeline

College Fair

CFNC.org → “College Fair” tab

1. Campus Tours
2. Matching Assistant

Paying for College

CFNC.org → “Paying for College”

1. Scholarships / Grants
2. College Is Important – Start Here Section
3. Financial Aid Primer - Parents and Students – 9th and 10th Grades Section
4. FAQs about Financial Aid

**Monthly Career and College Planning 9th grade activities are available at [CFNC.org/curriculum](https://www.cfnc.org/curriculum)

Grade 10 CFNC Guideway

Test Prep / College & Career Exploration/ College credit online

My
CFNC

My CFNC and CFNC.org Homepage

Create **OR** Update My CFNC account.
College Compass Gr 10 Newsletter
Review [Exploring Careers](#) publication (Downloadable Resources)

Career
Center

CFNC.org → “Career Center” tab

1. Career Key
2. Fastest Growing
3. Nursing & Teaching Careers
4. CFNC Bridges Career Planning Tools – Choices Planner
 - a. Complete Guideway 2

Student
Planner

CFNC.org → “Student Planner” tab

1. Update Courses, Grades, etc. in High School Planner Gr. 10
2. Add Activities in Additional Information Section
3. Online Learning Opportunities
4. Test Prep – Begin SAT Test Prep and continue Vocabulary Builder

College
Fair

CFNC.org → “College Fair” tab

1. Comparative View
2. Campus Tours
3. Matching Assistant

Online
Applications

CFNC.org → “Online Applications” tab

1. Show Applications & Talk about Admissions Process, Deadlines, etc.

Paying for
College

CFNC.org → “Paying for College” tab

1. Scholarships / Grants
2. Financial Aid Primer - Parents and Students – 9th and 10th Grade Section

**Monthly Career and College Planning 10th grade activities are available at CFNC.org/curriculum

Grade 11 CFNC Guideway

College Major Exploration & Career Research / Learn and Earn and other college credit opportunities /
College Test Prep/

**Monthly Career and College Planning 11th grade activities are available at [CFNC.org/curriculum](https://www.cfnc.org/curriculum)

My CFNC

My CFNC and CFNC.org Homepage

College Compass Gr 11 Newsletter

Review [College Entrance Tests](#) and other publications (Downloadable Resources)

1. My Recruiter – have you entered your schools of major interest?
2. My Colleges
3. My Scholarships – Researching junior scholarship opportunities and deadlines?
4. My Profiles – complete now or update as needed

Career Center

CFNC.org → “Career Center” tab

1. List of Careers
2. CFNC Bridges Career Planning Tools – Choices Planner
 - a. Complete Guideway 3

Student Planner

CFNC.org → “Student Planner” tab

1. Timeline
2. Update High School Planner (courses, grades, activities, etc. for 11th grade)
3. College Prep Opportunities
4. Online Learning Opportunities
5. College Entrance Requirements – Review Output
6. College Test Prep – SAT and/or Act Test Prep Course and Testing Tips
7. Add/update Additional Information Section
8. Transfer Student Planner – Transferable Courses – Student Transfer Navigator
9. Enter colleges of most interest into My Recruiter section of Student Planner

College Fair

CFNC.org → “College Fair” tab

1. Campus Tours
2. Matching Assistant

Online Applications

CFNC.org → “Online Applications” tab

1. FAFSA – what, why, when
2. College Admissions – Review Online Application Process

Paying for College

CFNC.org → “Paying for College” tab

1. Scholarships
 - a. Many scholarships are for high school seniors only, but now is a good time to see what opportunities are out there and what criteria are required for scholarships of interest
2. Financial Aid FAQs
3. Loans – Types and Details
4. Tools and calculators

Grade 12 CFNC Guideway

College Applications / Electronic Transcripts / Career Plan / FAFSA

My CFNC

My CFNC - check your progress as it is all kept here!

Review [Finding the Right College for You](#) publication (Downloadable Resources)

1. My Colleges
2. My Scholarships
3. My Profile – **UPDATE** prior to sending online applications!
4. My Transcripts – students follow sent transcript progress here
5. My Applications – students start/resume/complete applications to North Carolina colleges and universities here

Career Center

CFNC.org → “Career Center” tab

Complete any activities online and talk to your School Counselor and/or Career Development Coordinator if you are still uncertain of your career or higher education goals or to make them aware of your plans!

1. Choices Planner Career Planning Tools
2. Do What You Are and other assessments and inventories

Student Planner

CFNC.org → “Student Planner” tab

1. Update Courses, Grades, etc. for grade 12
2. Output – Review College Entrance Requirements
3. Review Timeline for 12th grade
4. Transfer Student Planner
 - a. Student Transfer Navigator
 - b. FAQs
5. Begin Financial Literacy course

College Fair

CFNC.org → “College Fair” tab

1. Campus Tours – check on application deadlines!
2. Matching Assistant

Online Applications

CFNC.org → “Online Applications” tab

1. Admission Applications – WATCH DEADLINES
 - a. Start, resume, complete, PRINT, submit all at My CFNC
 - b. College Application Week – November 16 – 20, 2009
2. FAFSA
 - a. apply EARLY can submit this beginning on Jan 1, 2010

- b. Financial Aid professionals recommend that ALL students apply for financial aid
3. Electronic Transcripts
 - a. Be SURE to have the following in your High School Planner
 - First and Last Name
 - Date of Birth
 - NCWISE Student ID
 - Gender
 - Current High School
 - E-mail Address
4. Loan Applications (if you and your family are interested)
5. Installment Payment Plan – see which school(s) has a payment plan and understand the payment plan costs and benefits

Paying for
College

CFNC.org → “Paying for College” tab

1. Scholarships and Grants
 - a. Apply for every scholarship that you qualify for **EARLY**, like September – too much will be missed starting late
 - b. Keep a scholarship deadline calendar
 - c. Keep a folder for each scholarship you apply for
2. Tools / Calculators
3. Financial Aid Primer and FAQs
4. Financial Aid Estimator
5. Publications and Forms

**Monthly Career and College Planning 12th grade activities are available at [CFNC.org/curriculum](https://www.cfnc.org/curriculum)

College
Fair

Online
Applications

Paying for
College

College Savings
Program

Choices[®]
PLANNER

Choices
EXPLORER

PAWS IN JOBLAND™

CHOICES CAREER TRANSITIONS (CT)



CFNC Resource Center Contact List

2009-2010

CFNC Resource Center

University of North Carolina at Greensboro
McIver Building, Room 223
Greensboro, NC 27402

Mark Wiles, Director, CFNC Resource Center
Greensboro office: (336) 256-0117
mewiles@northcarolina.edu

Atticia Bundy, Associate Director, CFNC Resource Center
Greensboro office: (336) 256-0493
abundy@northcarolina.edu

Donna Weaver, Spanish Services Coordinator
Greensboro office: (336)256-0470
Cell: (919) 799-6253
dlweaver@uncg.edu

Amy Samek, Training Director
Greensboro office: (336) 256-0492
Cell: (336) 345-5473
awsamek@northcarolina.edu

Barbara Frediani, Program Assistant
Greensboro office: (336) 334-4915
bafredia@uncg.edu

Lane Grubar, Training Office Assistant
Greensboro office: (336) 334-4874
Fax: (336) 334-0494
lane@cfncresources.org

**For the CFNC FINANCIAL INFORMATION CALL CENTER
CALL 866-866-CFNC and choose option #2**

CFNC Training Contact Information

For customized school or district training for your educators, contact:

Amy Samek, CFNC Training Director
(336) 345-5473 or (336) 256-0492
awsamek@northcarolina.edu

For Spanish programs for students and parents, contact:

Donna Weaver, Spanish Services Coordinator
(336) 256-0470 or (919) 799-6253
dlweaver@northcarolina.edu

CFNC Regional Representatives:

For presentations and programs on a variety of career and college planning topics to schools, parents, community organizations, churches, civic clubs and more -

Name/Area	Telephone	Email
Amy Denton/252	252-402-6157	adenton@cfi.org
Takeila Hall/336	336-402-5622	tbarnes@cfi.org
Timeka Ruffin/704/980	704-281-3437	truffin@cfi.org
Skip Watts/ 828 east	828-337-7939	swatts@cfi.org
Laura Misner/828 west	828-712-9840	lmisner@cfi.org
April Morey/910	910-280-1883	amorey@cfi.org
Sarita Broadway/919	919-264-3686	sbroadwa@cfi.org

<http://www.CFNC.org>

My Username: _____

My Password: _____

Email Address: _____@mycfnc.org

Toll Free Hotline: 1-866-866-CFNC