

Career Interest Explorer



Step One Read each paragraph and place a “Y” beside any of the questions that you answer yes to.

R _____

Some people like to work with machines, and they often like to work with their hands to build things. Their skills often include having mechanical know-how, stamina to work outdoors, and the ability to operate machinery. They are often practical, love nature, and are good problem solvers. They like working with **things and tools**.

- Do you like to work outdoors?
- Do you like to work on machinery/equipment?
- Do you have mechanical abilities?
- Are you skilled in carpentry or building things?
- Are you considered a practical person?

S _____

Some people enjoy helping others and the community. They have skills in teaching, counseling, and getting along with others, and are sensitive to others’ needs. They are cheerful, scholarly, and verbally oriented. They like working with **people**.

- Do you like to teach children or adults?
- Do you like to help others solve problems?
- Do you like to care for sick people?
- Are you interested in community service?
- Are you an understanding and sympathetic person?

A _____

Some people like to sing, dance, or write and prefer an unstructured work environment. They have skills in music, art, and/or communication. They value aesthetic qualities and are more likely to relate by indirect means through their medium. They like working with **ideas**.

- Do you like music, drama, or art classes?
- Do you like writing stories or poems?
- Can you play a musical instrument?
- Are you a talented actor?
- Are you a creative person?

E _____

Some people like to persuade and influence others in areas of business or politics. They perceive themselves as popular, self-confident, and social. They are skilled in public speaking and leadership. These people like working with **people and data**.

- Do you like competitive events or challenges?
- Do you like to influence others?
- Do you have the ability to sell products or services?
- Do you motivate others?
- Are you results-oriented?

I _____

Some people like to explore ideas and analyze data. They have skills in math and science. These people are inquisitive, precise, and sometimes abstract in their thinking. They usually like working with **data and ideas**.

- Do you like math and science classes?
- Do you like to solve technical problems?
- Do you have an interest in medicine?
- Are you competent with computer applications or programming?
- Are you inquisitive and curious by nature?

C _____

Some people like an organized and detail-oriented work place. They are often skilled in finance, mathematics, and keyboarding, and see themselves as conforming, organized, and practical. They like working with **data**.

- Do you like working with numbers or data?
- Do you like word processing or data input?
- Are you accurate with numbers, data, and information?
- Do you like to reconcile bank statements?
- Do you have the ability to handle details?

Step Two For each section, count the number of questions that you placed a “Y” next to and write that number in the small box above each paragraph.

Step Three After your teacher tells you the words to write in the green spaces, circle the name of the area with the highest number. If you have a tie between several, consider which paragraph better describes you. Now circle the names of the areas with the second and third highest numbers.

Step Four Take a look below at the sample list of careers within your top three personality descriptions. Circle any that you find interesting.

R Realistic

Architectural and Civil Drafter
Firefighter
Cook
Automobile Mechanic
Carpenter
Surgical Technologist
Correctional Officer
Machinist
Heavy Truck Driver
Painter
Occupational Therapist Assistant

S Social

Nurse
Home Health Aide
Physical Therapist
Teacher Assistant
Dental Hygienist
Rehabilitation Counselor
Aerobics Instructor
Security Guard
Special Education Teacher
Paramedic
Athletic Trainer

A Artistic

Commercial Designer
Reporter
Composer
Graphic Designer
Film Editor
Producer
Editor
Movie / Camera Operator
Floral Designer
Author
Photographer

E Enterprising

Coach
Farm Manager
Real Estate Sales Agent
Financial Manager
Management Analyst
Sales Manager
Lawyer
Marketing Manager
Construction Manager
Computer Systems Manager
Cosmetologist

I Investigative

Conservation Scientist
Financial Analyst
Microbiologist
Physician
Pharmacist
Chemist
Biomedical Engineer
Food Scientist
Veterinarian
Natural Sciences Manager
Forensic Science Technician

C Conventional

Auditor
Management Analyst
Air Traffic Controller
Legal Secretary
Bill Collector
Cashier
Real Estate Appraiser
Library Assistant
Medical Records Technician
Receptionist
Umpire / Referee



The careers listed above are only a few of the thousands of career options you can choose. As you explore careers further, you will want to ask yourself questions about your...

Abilities What are you good at?

Values What is important to you?

Interests What do you like to do?

Outlook What careers will be in demand?

Learn more about yourself — check out additional career inventories, profiles, interviews, videos, and blogs at CFNC.org. It's easy, free, and fun!